



CLICK2MDNY.COM

Direct Primary Care

Managing Out-of-Pocket Medical Costs

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Click2MD

Direct Primary Care

Click2MD is a direct primary care (DPC) practice, a new model of medical practice growing all over the United States. As more individuals, couples and families carry high deductible health insurance policies, many face thousands of dollars in out-of-pocket medical costs. The DPC model helps people manage these costs by being available, responsive, and proactive in managing health issues. We are a low volume and membership-based practice where time constraints and availability are not an issue. Our monthly membership fee covers all primary care services, both at the office and virtually (i.e. telemedicine), including any follow-up visits. DPC is not a replacement for insurance.

Through better care we believe our members save money by eliminating co-pays, managing chronic disease effectively, taking fewer medications, and avoiding unnecessary laboratory tests, x-rays, and hospitalizations. Keeping you healthy helps you save money. We welcome all, insured and uninsured. The yearly cost of Click2MD is significantly less than a high deductible insurance plan's out-of-pocket expense, which is usually between \$1,500 to \$5,000 per person.

How Click2MD Helps? *(illustrative example)*



Jane, 45, Female | Has High Deductible Insurance Policy

- Jane has asymptomatic, uncontrolled hypertension
- At her last doctor's visit, she was told that she has developed moderate kidney failure, borderline diabetes, and heart disease
- She is now at risk for heart attack. Further work-up is needed



Work-Up | \$500+ out-of-pocket cost & ongoing medication

- Multiple tests evaluating kidney functions, diabetes, and heart disease (may require cardiac stress testing)
- She may require a few appointments with specialists
- Jane is prescribed medications to manage her chronic illnesses
- Return visits for follow-ups and medication refills

Click2MD | Monthly Membership

If Jane was a Click2MD member...

- Preventive care could have diagnosed issues in the early stages of disease (i.e. managing her blood pressure, weight, etc)
- Jane would have had access to her physician 24/7. She would discuss and understand her issues in a relaxed office atmosphere or virtually
- She helps the physician to design a plan that she is able to follow
- Multiple visits to make sure her health issues have resolved

Click2MD Services

Direct Primary Care (DPC) Services

Sick Care Visits. Acute illness or injury. At times it's difficult to get to your doctor. You may not be sick enough to go to the urgent care or ER (perhaps high co-pays also plays a role in decision making). We can see you on the same day or next day.

Chronic Disease Management. Chronic disease is an illness that cannot be cured but needs to be managed for the rest of your life. Better management of the disease decreases complications and improves his quality of life (diabetes, hypertension, COPD, CHF, etc)

Preventive Medicine. The aim of preventive medicine is to either prevent a disease or decrease the progression of the disease and avoid complications (heart attack, stroke, kidney failure, dementia, diabetes, etc). This can be accomplished by lifestyle changes, work-life balance, stress management, treatment modifications of existing illnesses, and sometimes medications

Healthy Weight NY. Helps you to get to your goal weight by using nutrition, lifestyle adjustments, and medications (if needed). Please see our "Obesity Happens" brochure for details - available at click2mdny.com.

Physician Home Care. Our mission is to provide personalized and compassionate quality medical care at home. Age at home on your own terms. Please see our "Physician Home Services" brochure for details - available at click2mdny.com.

If needed, EKG and PFT can be performed in the office. Laboratory tests, x-rays, ultrasounds can be ordered at discount prices on an outpatient basis. Results are discussed with members as they become available.

Pricing

Members (monthly prices)

Single	\$75
Parent + Child	\$90
Couple	\$125
Family of 4	\$175

Non-Members (single visit)

Office Visit	\$59
Telemedicine Visit	\$35



- 24/7 Physician Access
- Same or Next Day Appointments
- Office Visits
- Telemedicine
- Rx Management
- No Surprise Bills
- **One Flat Fee**

ASK QUESTIONS.
EXPLORE ANSWERS.
MAKE DECISIONS.

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